

Free Community Resources

Food, Clothing, Hygiene, Maternity Items & Assistance

Free Meals



11:30-12:00 P.M., MONDAY - FRIDAY

Christ Cathedral Church, 138 S. 8th St, 785-827-4440

12:00-2:00 P.M., FOURTH SATURDAY OF EACH MONTH

New Jerusalem Church, 321 N. 8th St., 785-820-9100

*If you are in need of food or hygiene items outside of this time, contact the church for assistance

5:00 P.M., MONDAY - FRIDAY

Salvation Army, 1137 N Santa Fe Ave, 785-823-2251

5:30-6:00 P.M., MONDAY – FRIDAY when school is in session for ages 2-18

St. John's Missionary Baptist Church, 215 S Chicago St, 785-827-7082

6:00 P.M., SATURDAYS

Emmanuel Four Square, 1325 E Cloud St, 785-825-1943

12:00-12:45 P.M., EVERY DAY & 6:00 P.M. Chapel, dinner follows – EVERY NIGHT

Salina Rescue Mission, 1716 Summers Rd., 785-823-2610



Free Produce, Boxed/Canned Food Items & Hygiene Items



Salvation Army: 1137 N Santa Fe, 785-823-2251

Free Produce - Mondays, Wednesdays, and Fridays at 2:00 pm. Bring your own bags.

Food Pantry: Monday-Friday - Call ahead for appointments.

Catholic Charities: 1500 S 9th St, 785-825-0208

Monday 8:00a - 5:00p; Tuesday - Thursday 8:00a - 6:00p; Friday 8a-2:30p

Food Bank: 785-827-7111, 255 S Chicago – Must apply to receive assistance

Mon-Fri 1-2:45pm & 5-6:45pm

DVACK: 203 S Santa Fe, 785-827-5862 – Must be a client of DVACK

Ashby House Free Store: 785-826-4935, 150 S 8th (parking lot at 9th & Walnut)

Monday-Saturday 9:30am – Free Produce (bring your own bags)

Friends of the Salina Animal Shelter: Broadway Mini Storage, 1314 Beverly, 785-826-6535

Free Pet Food Distribution – 2nd & 4th Saturdays, 4:00 P.M.

Free Shower

Salvation Army: Mon-Fri 10a-3p, 1137 N Santa Fe Ave, 785-823-2251 – Call ahead

Catholic Charities: Tues 9:30a-1p (last shower start time-12:30p) 1500 S 9th St, 785-825-0208

YMCA: 570 YMCA Dr, 785-825-2151 – One-time shower for non-members. Bring photo ID

Free Laundry

Salina Shares' Laundry Love:

3rd Tuesday of the Month – Salina Shares will pay up to 2 loads/family
6:00 pm – 9:00 pm - Speedy Wash Laundromat, 514 E. Iron Ave.

4th Saturday of the Month - Salina Shares will pay up to 5 loads/family
9:00 am – 1:00 pm - Missing Sock Laundromat, 2013 S. Ohio St,
12:00 pm - 4:00 pm - Quick & Clean Laundromat, 1515 W. Crawford

Salvation Army: Mon-Fri 10:00a-3:00p – 785-823-2251 - Call ahead

Catholic Charities: Tues 9:30a-1p – 1 load/person; last load start time is 11:30a, 1500 S 9th St

Free Clothing

Ashby House Free Store: 150 S 8th (parking lot at 9th & Walnut) - Monday-Friday 9am-12pm

Catholic Charities: 1500 S 9th - Clothing vouchers for Thrift Store, receive during office hrs,
Thrift Store hours: Wed-Thurs 9a-4p, Fri 9a-2p, Saturday 9a-12p

Salvation Army: Clothing Voucher for Salvation Army Thrift Store – must call ahead to
schedule appt. - 1137 N Santa Fe Ave, 785-823-2251

DVACK: Clothing Voucher for Bargain Basket Thrift Store – must be a client of DVACK
203 S Santa Fe, 785-827-5862

Free Pregnancy/Maternity Assistance

Birthright: 1125 E Iron Ave – 785-823-3113 – M/T/Th/F 4:00pm – 6:00pm and Wed 3:45pm –
5:45pm – pregnancy tests, maternity & baby items, 24/hr online chat & helpline 1-800-
550-4900

Pregnancy Service Center: 104 W Elm St – 785-823-1484 – Text 785-309-6313 – pregnancy
test, ultrasound, parenting classes

Health Department: 125 W Elm St – 785-826-6600 – Becoming a Mom parenting classes &
material support

Catholic Charities: Pregnancy & infant items

DVACK: Maternity & infant items – must be a client of DVACK